# COWS, ILLNESS, AND ANTIBIOTICS: MAKING SURE YOUR MILK IS SAFE

Cows get the sniffles too. That's where antibiotics come in. A medicine that helps combat unwanted microorganisms, antibiotics (like penicillin) are prescribed by veterinarians to help our mooing friends heal safely and effectively.<sup>1</sup> This medication doesn't mean your milk will be any different either. There are strict government standards and protocols that ensure there isn't a single drop of antibiotics in the milk you buy at the store. Here's what that multistep process looks like.

## **STEP 1: FOLLOW THE DOCTOR'S ORDERS**

## When a cow gets sick:

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Rx III

She goes to the veterinarian

Gets prescribed antibiotics, only if needed



Takes the antibiotics like the veterinarian said (with her farmer's help)



## **STEP 2: ISOLATE UNTIL CLEAN**



She stays isolated in a special area

## While the cow heals:



Has her milk discarded until the antibiotics are out of her system

# **STEP 3: TEST THE MILK**

#### Before the milk hits the shelf:

The full milk pickup is sampled and tested-twice (at the farm and at the milk plant)



